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Anemone alpina

[Synonyms : *Anemone alpicola*, *Anemone alpina* subsp. *font-queri*, *Anemone baldensis*, *Anemone burseriana*, *Anemone flemmensis*, *Anemone grandiflora*, *Anemone millefoliata*, *Anemone myrrhidifolia*, *Anemone sulphurea*, *Pulsatilla alpina*, *Pulsatilla alpina* subsp. *cantabrica*, *Pulsatilla alpina* subsp. *cyrnea*, *Pulsatilla alpina* subsp. *font-queri*]

ALPINE ANEMONE is a perennial. Native to the European mountains it has small, often violet-tinged outside, white to yellow flowers with many yellow stamens.

It is also known as *Alpenanemone* (German), Alpine pasque flower, Anemone, *Anémone des Alpes* (French), *Fältsippa* (Swedish), *Haarmannli* (German), *Koniklec alpský* (Czech), *Koniklec horský* (Czech), *Poniklec alpský* (Slovak), and Shockheaded Peters.

Warning – the plant is poisonous and must not be taken internally.

This species is protected in some areas.

Alpina means ‘alpine’ ie. found above the tree line.

Until it was recognized that the plant is poisonous it was used in localized European folk-medicine for the treatment of toothache and rheumatic pain.