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Anemone pratensis

[Synonyms : *Anemone albana*, *Anemone pratensis* subsp. *nigricans*, *Pulsatilla nigricans*, *Pulsatilla pratensis*, *Pulsatilla pratensis* subsp. *nigricans*]

MEADOW PASQUEFLOWER is a perennial. Native to central and southern Europe it has dark purple or greenish yellow flowers with many golden stamens.

It is also known as European pulsatilla, *Fältsippa* (Swedish), *Koniklec luční* (Czech), *Kleine Kuhschelle* (German), *Küchenschelle* (German), Meadow anemone, Pasqueflower, *Poniklec lúčny* (Slovak), Small pasque flower, *Wiesenküchenschelle* (German), and *Wiesen-Kuhschelle* (German).

Warning – the leaves when bruised will cause blistering. Cows and horses avoid it.

Pratensis is derived from Latin *pratium* (meadow) meaning ‘of or from meadows’.

Sheep and goats will eat the plant.

Medicinally, the meadow pasque flower is used today in homoeopathic treatments.