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Angelica sinensis

[Synonyms : *Angelica polymorpha* var. *sinensis*]

CHINESE ANGELICA

It is also known as *Dang gui* (Chinese), *Du'o'ng quy* (Vietnamese), *Kiinanväänönputki* (Finnish), and Women's ginseng.

Sinensis means 'of or from China'.

Medicinally, in China Chinese angelica is used widely in herbal blood tonic prescriptions and is also familiar in the United States. It also features in anti-aging medicines.