

You are viewing one of thousands of biographies – click below for more, including Search box and access to Plant associated organisations.

[Plant Biographies](#)

[Bibliography](#)

---

*Arabis alpina*

[Synonyms : *Arabis albida*, *Arabis alpina* var. *albida*, *Arabis alpina* var. *glabrata*]

**ALPINE ROCK-CRESS** is a mat-forming, creeping perennial. Native to Europe (including Britain although rare there now) Mediterranean and the Himalayas, it has tiny sweet-scented, white flowers.

It is also known as *Alpen-Gänsekresse* (German), *Fjälltrav* (Swedish), *Huseník* (Czech), Lady's cushion, Snowdrift, Snow-in-Summer, Snow-on-the-mountain, and *Tunturipitkäpalko* (Finnish).

This plant is extremely rare in Britain and is protected in the wild under the Wildlife and Countryside Act 1981.

*Alpina* means 'alpine' ie. found above the tree line.

In 1887 alpine rock-cress was found growing on the Isle of Skye.