

You are viewing one of thousands of biographies – click below for more, including Search box and access to Plant associated organisations.

[Plant Biographies](#)

[Bibliography](#)

---

*Artemisia umbelliformis*

[Synonyms : *Artemisia glacialis*, *Artemisia laxa*, *Artemisia mutellina*]

**WHITE WORMWOOD** is a perennial. Native to alpine Europe it has small yellow flowers. It is also known as Alpine wormwood, Alps wormwood, *Armoise mutelline* (French), *Echte Edelraut* (German), *Echter Bergwermut* (German), *Génépi* (French), White mugwort, *Wilder Wermut* (German), and Yellow genipi.

Warning – white wormwood is a poisonous plant that if taken in excess can cause thirst, dizziness, ear tingling, muscular power loss, vertigo, cramps, intoxication, delirium, general paralysis and severe brain damage, and if taken habitually can cause convulsions, restlessness and vomiting. It should not be taken internally during pregnancy.

*Umbelliformis* is derived from Latin *umbella* (parasol) and *-formis* (shape) components meaning ‘bearing flattish-heads of flowers with stalks arising from one place’.

It has been used for centuries as a flavouring in a local liqueur in the European Alps known as *Génépi des Alpes*.

Medicinally, it is used locally as a treatment for fever and for stomach ailments.