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Baptisia alba

[Synonyms : *Baptisia lactea*, *Baptisia leucantha*, *Baptisia pendula*, *Baptisia psammophila*, *Crotalaria alba*]

WHITE FALSE INDIGO is a perennial. Native to south-eastern North America it has pea-like, slightly scented, often purple-marked near base, sometimes darker streaked, creamy-white flowers.

It is also known as False indigo, Largeleaf wild indigo, Prairie indigo, White prairie wild indigo, and White wild indigo.

Warning – some authorities believe this perennial could be poisonous.

Alba means ‘white’.

The spikes of ornamental seed pods are popular for inclusion in dried flower arrangements.

Medicinally, the plant is said to have been used by herbalists as an alternative to wild indigo (*Baptisia tinctoria*) for treating typhus, arthritis and various inflammatory conditions such as throat and mouth infections.