

Bromus catharticus

[Synonyms : *Bromus angustatus*, *Bromus bolivianus*, *Bromus breviaristatus*, *Bromus brevis*, *Bromus brongniartii*, *Bromus carinatus*, *Bromus carinatus* var. *californicus*, *Bromus carinatus* var. *hookerianus*, *Bromus carinatus* var. *maritimus*, *Bromus catharticus* var. *catharticus*, *Bromus haenkeanus*, *Bromus haerikeanus*, *Bromus hookerianus*, *Bromus laciniatus*, *Bromus marginatus* var. *maritimus*, *Bromus maritimus*, *Bromus matthewsii*, *Bromus mucronatus*, *Bromus preslii*, *Bromus schraderi*, *Bromus strictus*, *Bromus tacna*, *Bromus uniolooides*, *Bromus uniolooides* var. *haenkeanus*, *Bromus uniolooides* var. *humilis*, *Bromus uniolooides* var. *montanus*, *Bromus uniolooides* var. *sanjuaninus*, *Bromus virens*, *Bromus willdenovii*, *Bromus willdenovii* var. *haenkeanus*, *Bromus willdenovii* var. *willdenovii*, *Bromus willdenowii*, *Ceratochloa breviaristata*, *Ceratochloa brevis*, *Ceratochloa carinata*, *Ceratochloa cathartica*, *Ceratochloa festucooides*, *Ceratochloa haenkeana*, *Ceratochloa haenkeana* var. *patens*, *Ceratochloa haenkeana* var. *subspicata*, *Ceratochloa pendula*, *Ceratochloa secunda*, *Ceratochloa simplex*, *Ceratochloa submutica*, *Ceratochloa uniolooides*, *Ceratochloa willdenovii*, *Ceratochloa willdenowii*, *Festuca uniolooides*, *Forasaccus breviaristatus*, *Schedonorus uniolooides*, *Tragus uniolooides*, *Zerna uniolooides*]

SWEET BROME is an annual or perennial grass.

It is also known as *Aehrengrasaehnliche Trespe* (German), *Amerikansk hejre* (Danish), Annual brome, *Aveia-louca* (Portuguese), *Azevem-aveia* (Portuguese), *Bian su* (Chinese), *Brome de Schrader* (French), *Bromo cebadilla* (Mexican, Spanish), *Bromo di Schrader* (Italian), *Byfaks* (Norwegian), California brome, *Cebadilla* (Spanish), *Cebadilla criolla* (Spanish), *Cebadilla Australiana* (Argentinian, Spanish), *Cevadinha* (Portuguese), *Forasacco americano* (Italian), *Horntrespe* (German), *Inumugi* (Japanese), *Koster slabitel 'nyi* (Russian), *Litteäkattara* (Finnish), Orchard grass, *Paardegras* (Dutch), *Parlak brom* (Turkish), *Pasto del perro* (Spanish), *Plattlost* (Swedish), Prairie cup, Prairie grass, *Reddingsgras* (Afrikaans), Rescue brome, Rescue grass, *Resuku gurasu* (Japanese), Seaside brome, *Stoklosa przeczyszczająca* (Polish), *Stoklosa Wildenowa* (Polish), *Sveřep americký* (Czech), *Sveřepovka americká* (Czech), Sweet grass, and *Zöld rozsnok* (Hungarian).

The flowers not only self-pollinate unopened but they can also be pollinated by the wind. *Catharticus* is derived from Greek *cathartico*- component meaning ‘purging or cleansing’. The Californian Neeshenam North American Indians (for whom it was a staple food) ground the very small dried seeds for flour. This was then used in various ways including for making a porridge-like mush and also bread. (It is interesting to note that the Hesquiat tribe considered the sweet brome to be extremely poisonous.)

Sweet brome provides palatable forage for livestock.