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### *Bryonia alba*

[Synonyms : *Bryonia aspera*, *Bryonia monoeca*, *Bryonia nigra*, *Bryonia vulgaris*]

**EUROPEAN WHITE BRYONY** is a perennial climber. Native to Europe it has small, greenish-white or yellowish flowers.

It is also known as Bastard turnip, Black-berried bryony, Black-berried white bryony, *Brionia bianca* (Italian), *Brionia blanca* (Spanish), *Bryone blanche* (French), Bryonia, Bryony, *Büdds gönye* (Hungarian), *Buraionia* (Japanese), *Burionia* (Japanese), Devil's turnip, *Enbo galdebær* (Danish), *Fekete földitök* (Hungarian), *Földitök* (Hungarian), *Galdebær* (Danish), *Howaito burionii* (Japanese), *Hundrova* (Swedish), *Lúpulo silvestre* (Portuguese), *Mustakoiranköynnös* (Finnish), *Nabo do diabo* (Portuguese), *Navet du diable* (French), *Nueza blanca* (Spanish), Parsnip turnip, *Perestupen belyi* (Russian), *Posed biely* (Slovak), *Posed bílý* (Czech), *Pospolity* (Polish), *Przestep* (Polish), *Przestep bialy* (Polish), *Schwarzbeerige Zaunrübe* (German), Snakeweed, *Svartgallbær* (Norwegian), Tetterberry, *Valkea koirannauris* (Finnish), *Vigne blanche* (French), *Weisse Zaunrübe* (German), Wild bryony, White bryony, Wild hops, Wild vine, and Wood vine.

Warning – European white bryony is extremely poisonous (roots and berries particularly) and should be avoided during pregnancy.

*Alba* means ‘white’.

In the Middle Ages carved bryony roots were sold by con men as mandrake root (*Mandragora officinarum*), particularly to childless women who used it as a fertility charm.