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*Carex laevigata*

[Synonyms : *Carex helodes*]

**SMOOTH-STALKED SEDGE** is a sedge. Native to Europe (including Britain) it has greenish-brown flower spikelets.

It is also known as *Hesgen Ylfinog Lefn* (Welsh), and Smooth sedge.

The flowers are pollinated by the wind.

*Laevigata* is derived from Latin *levis* (smooth) meaning ‘smooth or polished’ with reference to the leaves.