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*Carphephorus odoratissimus*

[Synonyms : *Chrysocoma odoratissima*, *Liatriis odoratissima*, *Trilisa odoratissima*]

**DEER'S TONGUE** is a perennial. Native to south and south-eastern North America it has small bright purple flowers.

It is also known as Carolina vanilla, Hound's tongue, Trilisa, Vanilla leaf, Vanilla plant, Vanilla trilisia, and Wild vanilla.

*Odoratissimus* is derived from Latin *odor* (scent, smell, odour) meaning 'very fragrant or highly scented'.

The dried leaves are used to impart a vanilla-like (*Vanilla planifolia*) taste to some American cigarettes and they can also be added to pot pourris.

Deer's tongue is no longer used medicinally (although it was once valued as a stimulant and tonic) as it was found that its diuretic properties were too strong.