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Catabrosa aquatica

[Synonyms : *Aira aquatica*, *Catabrosa aquatica* var. *aquatica*, *Catabrosa aquatica* subsp. *pseudairoides*, *Catabrosa aquatica* var. *uniflora*, *Catapodium aquaticum*, *Colpodium aquaticum*, *Diarrhena aquatica*, *Festuca albiflora*, *Glyceria airoides*, *Glyceria aquatica*, *Glyceria catabrosa*, *Hydrochloa airoides*, *Melica aquatica*, *Molinia aquatica*, *Poa airoides*, *Poa dulcis*]

WATER WHORLGRASS is a creeping aquatic perennial grass. Native to northern temperate regions it has purplish-brown flower spikelets.

It is also known as *Brigwellt Dyfridrig* (Welsh), Brook grass, *Källgräs* (Swedish), *Källtäppa* (Swedish), *Narvgräs* (Swedish), *Odemka vodní* (Czech), Reed manna-grass, Water hair, Water hairgrass, Water whirlgrass, and Whorlgrass.

The flowers are pollinated by the wind.

In some regions such as British Columbia in Canada it is viewed as an endangered species in the wild.

Aquatica means 'growing in or near water'.

Both the Gosiute and Crow North American Indian tribes collected its tiny seeds for food.

The grass was also burnt as incense during some of the ceremonials performed by the Crow tribe and the Montana Indian tribe.

Cattle and other livestock are said to enjoy grazing the grass.

Medicinally, local herbalists have prescribed a decoction of the plant as a tonic.