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Centaurea montana

[Synonyms : *Centaurea montana* var. *alba*, *Cyanus montana*]

PERENNIAL CORNFLOWER is a perennial. Native to central Europe it has blue to violet, pale yellow, or white flowers.

It is also known as *Berg-Flockenblume* (German), *Bergklint* (Swedish), *Bluet*, *Centauree des montagnes* (French), *Chrpá horská* (Czech), *Ciano maggiore* (Italian), European mountain knapweed, *Flockenblume* (German), *Grand bluet* (French), Mountain bluet, Mountain cornflower, Mountain knapweed, Mountain starthistle, *Nevädza horská* (Slovak), and *Vuorikaunokki* (Finnish).

This is a protected species in some areas.

Montana is derived from Latin *mons* (mountain) meaning ‘of or from mountains’.

Although both perennial cornflower and cornflower (*Centaurea cyanus*) have similar medicinal properties, it is generally the cornflower which is preferred if a choice is available – for use as a tonic, or a treatment for eye inflammation.