

Cephalanthera damasonium

[Synonyms : *Cephalanthera alba*, *Cephalanthera alba* var. *adenophora*, *Cephalanthera damasonium* forma *collina*, *Cephalanthera damasonium* forma *gracilis*, *Cephalanthera damasonium* forma *spicata*, *Cephalanthera grandiflora*, *Cephalanthera lancifolia*, *Cephalanthera latifolia*, *Cephalanthera latifolia* forma *adenophora*, *Cephalanthera latifolia* forma *collina*, *Cephalanthera latifolia* forma *gracilis*, *Cephalanthera latifolia* forma *pienena*, *Cephalanthera latifolia* forma *spicata*, *Cephalanthera lonchophyllum*, *Cephalanthera ochroleuca*, *Cephalanthera pallens*, *Cephalanthera pallens* var. *collina*, *Cephalanthera pallens* var. *gracilis*, *Cephalanthera pallens* subsp. *ochroleuca*, *Cephalanthera pallens* var. *pienena*, *Cephalanthera yunnanensis*, *Cymbidium pallens*, *Epipactis alba*, *Epipactis alba* forma *spicata*, *Epipactis grandiflora*, *Epipactis lancifolia*, *Epipactis ochroleuca*, *Epipactis pallens*, *Serapias damasonium*, *Serapias grandiflora*, *Serapias lancifolia*, *Serapias lonchophyllum*, *Serapias ochroleuca*, *Serapias pallens*]

WHITE HELLEBORINE is an orchid. Native to the eastern Mediterranean and Britain, it has tulip-like, yellow-based, creamy white flowers with a yellow-spotted lip.

It is also known as *Bleek bosvogeltje* (Dutch), *Bleiches Waldvögelein* (German), *Breitblatt-Waldvöglein* (German), *Céphalanthère à grandes feuilles* (French), *Céphalanthère blanche* (French), *Elleborine giallognola* (Italian), Large white helleborine, *Okrotice bílá* (Czech), *Stor skogslilja* (Swedish), *Storsyssla* (Swedish), and *Weisses Waldvögelein* (German).

The flowers rarely open fully.

Damasonium is a genus name which here means ‘like plants in that genus’ which themselves are like water plantain (*Alisma plantago-aquatica*) – and the Greek name for water plantain is *damasonium*.