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Chamaelirium luteum

[Synonyms : *Chamaelirium carolinianum*, *Chamaelirium obovale*, *Helonias dioica*, *Helonias lutea*, *Veratrum luteum*]

FALSE UNICORN ROOT is a perennial. Native to eastern North America (particularly Mississippi) it has small fragrant, greenish-white flowers.

It is also known as Angel's wand, Blazing star, Colicwort, Devil's bit, Drooping starwort, Fairy wand, Grubroot, Helonias, Helonias root, Rattlesnake root, Squirrel tail, Starwort, True unicorn root, Unicorn root, Wand lily, and Wild lily-of-the-valley.

The flowers on male plants appear creamier because of their yellow stamens.

Warning – false unicorn root should only be used under the supervision of a qualified practitioner. It should be avoided during pregnancy.

Luteum means 'deep yellow'.

Medicinally, although some authorities appear to have doubted its value the dried root has been recommended by herbalists for the treatment of both infertility and impotence, as well as various female disorders, and liver and kidney diseases. Today it can be chosen particularly for treating various female ailments.