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*Chamaemelum nobile* 'Treneague'

[Synonyms : *Anthemis nobilis* 'Treneague']

**LAWN CHAMOMILE** is an apple-scented, non-flowering plant.

It is also known as English chamomile.

*Nobile* is Latin (known) meaning 'notable, famous or excellent'.

The healing properties of this plant have long been revered, particularly by the ancient Egyptians, the ancient Greeks and the Anglo-Saxons.

In addition its sweet apple-scented (*Malus*) leaves are much prized in garden settings (not least for their relaxing aroma) and can be laid as trouble-free lawns. (100 plantlets will cover about 2½ square metres.)

An apposite saying runs

A chamomile bed, a chamomile bed,  
The more it is trodden,  
The more it will spread.

It is thought that in 1588, when the Spanish Armada was sighted approaching England and Sir Francis Drake (c.1540-1596), the famous English navigator and pirate, was said to be passing his time playing a game of bowls on Plymouth Hoe, that the green on which he played was actually a chamomile lawn. Such a lawn exists today in the grounds of Buckingham Palace in London.