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Chenopodium urbicum

[Synonyms : *Atriplex urbica*, *Chenopodium chrysomelanospermum*, *Chenopodium deltoideum*, *Chenopodium intermedium*, *Chenopodium melanospermum*, *Chenopodium rhombifolium*, *Chenopodium urbicum* var. *intermedium*]

UPRIGHT GOOSEFOOT is an annual. Native to south-western and central Asia, and to Europe, it has greenish flowers.

It is also known as *Bymålla* (Swedish), City goosefoot, *Ghobbejra* (Maltese), *Merlík městský* (Czech), and *Troed yr Wýdd Syth-ddail* (Welsh).

The flowers are pollinated by the wind.

Urbicum is derived from Latin *urbs* (city) meaning ‘of or from towns’.

The young leaves can be cooked as a vegetable and provide an alternative for spinach (*Spinacia oleracea*). Raw, most authorities seem to recommend that they are only eaten in small quantities.

The whole plant can produce yellow-green dyes.