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*Clinopodium menthifolium*

[Synonyms : *Calamintha intermedia*, *Calamintha menthifolia*, *Calamintha menthifolia* ssp. *sylvatica*, *Calamintha officinalis*, *Calamintha sylvatica*, *Calamintha sylvatica* subsp. *ascendens*, *Clinopodium ascendens*, *Satureja menthifolia*, *Satureja sylvatica*]

**WOOD CALAMINT** is a perennial. Native to Europe (including Britain) it has small darker blotched, lilac-purple flowers.

It is also known as Common calamint, and *Erbin Cyffredin* (Welsh).

This perennial is a protected species in Britain where it is endangered in the wild under the Wildlife and Countryside Act 1981.

*Menthifolium* is made up of the genus name *Mentha* and Latin *-folium* (leaved) components meaning ‘mint-leaved’.