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*Cornus circinata*

[Synonyms : *Cornus rugosa*, *Cornus tomentulosa*, *Swida rugosa*]

**GREEN OSIER** is a deciduous shrub. Native to eastern North America it has fragrant white flowers.

It is also known as Alder-leaved dogwood, Broad-leaved dogwood, Dogwood, Moosewood, Mountain willow, Pennsylvania dogwood, Round dogwood, Round-leaf dogwood, Round leaved cornel, Round-leaved dogwood, *Rundblättriger Hartriegel* (German), and Swamp sassafras.

*Circinata* means ‘coiled or rounded’.

Authorities note that the Chippewa North American Indians smoked green osier.

The Iroquois on the other hand appear to have valued medicinal qualities. They not only used it when it was necessary to cause vomiting but also included it as an ingredient in remedies for tuberculosis and some kidney disorders.

Medicinally, the bark has been used as a stimulating tonic, and has been prescribed in remedies for typhoid, liver disorders, dysentery, fevers and jaundice, often today in homoeopathic treatments.