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*Corydalis cava*

[Synonyms : *Corydalis bulbosa*, *Corydalis tuberosa*, *Fumaria bulbosa* var. *cava*, *Fumaria cava*]

**EARLY FUMITORY** is a perennial. Native to central Europe it has spurred, purplish-red or rose-coloured (occasionally white) flowers.

It is also known as Bulbous corydalis, *Chochlačka dutá* (Slovak), *Chocholačka dutá* (Slovak), *Corydalis*, *Dymnivka dutá* (Czech), *Etelänkiurunkannus* (Finnish), *Hålnunneört* (Swedish), *Hohler Lerchensporn* (German), Hogwort, *Hohlwurz* (German), Hollow leek, Hollow root, Hollow-wort, *Hulrodet Lærkespore* (Danish), and *Skånsk nunneört* (Swedish).

Warning – it can only be used by a qualified practitioner. Large doses can cause convulsions and death. It can be poisonous for animals.

*Cava* means ‘hollow or cave-like’ with reference to the root.

Medicinally, herbalists have used the roots as an alternative to morphine.