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Cryptotaenia canadensis

[Synonyms : *Cryptotaenia japonica*, *Deringa canadensis*, *Pimpinella trifoliata*, *Sison canadense*]

HONEYWORT is a perennial. Native to eastern North America and eastern Asia, it has tiny whitish flowers.

It is also known as Canadian honewort, Honewort, Japanese parsley, Japanese wild chervil, *Kanadapersilja* (Swedish), White chervil, and Wild chervil.

Canadensis means 'of or from Canada or north-eastern North America'.

Locally the young Spring leaves have been boiled as a vegetable, and the young leaves and stems have also been used for flavouring (like garden parsley, *Petroselinum crispum*), particularly soups. In Japan the roots are eaten fried.