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*Dactylorhiza*

*Orchidaceae*

*Dactylorhiza* is derived from Greek *dactylo-* (finger) and *rhizo-* (root) components with reference to the finger-like tubers.

The tubers of some of these species (as also some of the *Ophrys* and *Orchis* species) have been used like a type of arrowroot to make a food known as salep which used to be familiar in western Europe and continues to be popular in the Middle East.