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Dioscorea esculenta

[Synonyms : *Dioscorea aculeata*, *Dioscorea fasciculata*, *Dioscorea papuana*, *Dioscorea sativa*, *Dioscorea spinosa*, *Dioscorea tiliifolia*, *Oncus esculentus*]

POTATO YAM is an anticlockwise-twining, climbing vine. Native to eastern Asia (particularly Thailand) it has green flowers.

It is also known as Asiatic yam, *Batata de China* (Spanish), Birch-rind yam, *Cầm ghim* (Vietnamese), Chinese potato, Chinese yam, *Chinesischer Yam* (German), *Củ bông* (Vietnamese), *Củ mỡ* (Vietnamese), *Củ từ* (Vietnamese), *Dioskoreia s'edobnaia* (Russian), Fancy yam, *Gan shu* (Chinese), *Gembili* (Javanese), Guinea yam, Goa potato, *Hari imo* (Japanese), Hausa potato, *Huwi butul* (Sundanese), *Iams s'edobnyi* (Russian), *Igname de Chine* (French), *Igname des blancs* (French), *Inhame de São Tomé* (Portuguese), Karen potato (English, Nepalese), *Kartoffel-Yams* (German), *Kawai* (Fijian), *Khoai buróu* (Vietnamese), *Khoai từ* (Vietnamese), *Kodi-kelengu* (Tamil), *Kodikkilangu* (Tamil), *Kukul-ala* (Sinhalese), Lesser Asiatic yam, Lesser yam, *Man chuak* (Thai), *Man mu suea* (Thai), *Mou alu* (Bengali), *Musilamvalli kilangu* (Tamil), *Petite igname* (French), *Sadwe uu* (Burmese), *Silakadom* (Telugu), *Sushni alu* (Bengali), *Susni alu* (Bengali), *Suthani tarul* (Nepalese), *Suthni* (Bengali), *Tadwe uu* (Burmese), *Togedokoro* (Japanese), *Toge imo* (Japanese), *Tian shu* (Chinese), *Tivvi tiga* (Telugu), *Tugi* (Filipino/Tagalog), *Từ tron* (Vietnamese), *Ubi* (Indonesian, Malay), *Ubi torak* (Malay), *Ufilei* (Samoan, Tongan), *Wakka uu* (Burmese), *Wet ka uu* (Burmese), Wild yam, and Yam potato.

Warning – unprocessed tubers are poisonous and can cause internal and external irritation. *Esculenta* is Latin (eatable).

The tubers provide a vegetable that is cooked like potatoes (*Solanum tuberosum*).