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Dryopteris carthusiana

[Synonyms : *Aspidium spinulosum*, *Aspidium spinulosum* subsp. *euspinulosum*, *Dryopteris austriaca* var. *spinulosa*, *Dryopteris lanceolatocrista*, *Dryopteris spinulosa*, *Dryopteris spinulosa* subsp. *spinulosa*, *Lastrea spinulosa*, *Nephrodium spinulosum*, *Polypodium carthusianum*, *Polypodium spinulosum*, *Polystichum spinosum*, *Polystichum spinulosum*]

NARROW BUCKLER-FERN is a deciduous or evergreen fern. Native to Europe it has lance-shaped, light green fronds.

It is also known as Fancy fern, Florist's fern, *Gewöhnlicher Dornfarn* (German), *Metsän alvejuuri* (Finnish), *Kaprad' osténkatá* (Czech), *Paprad' ostnatá* (Slovak), Prickly buckler-fern, Prickly-toothed shield fern, *Raineach chaol* (Scots Gaelic), Shield fern, *Skogsbräken* (Swedish), *Smalle stekelvaren* (Dutch), Spinulose shield fern, and Spinulose woodfern.

Carthusiana means 'of or from the monks of the Carthusian Monastery of Grande Chartreuse near Grenoble, France'.

In Alaska the young curled fronds have been cooked and eaten like asparagus (*Asparagus officinalis*).

For the North American Bella Coola Indians the fern's root offered an antidote for food poisoning from shellfish in early Summer.

This fern has been cultivated as ornamental ground cover.

Medicinally, the root has been used in the past by local herbalists to get rid of tapeworm.