

Epipactis helleborine

[Synonyms : *Amesia consimilis*, *Amesia discolor*, *Amesia latifolia*, *Amesia latifolia* forma *monotropoides*, *Amesia latifolia* forma *variegata*, *Amesia longibracteata*, *Amesia monticola*, *Amesia pycnostachys*, *Amesia squamellosa*, *Amesia tenii*, *Amesia yunnanensis*, *Calliphyllon latifolium*, *Cymbidium latifolium*, *Epipactis atroviridis*, *Epipactis consimilis*, *Epipactis dalhousiae*, *Epipactis discolor*, *Epipactis gutta-sanguinis*, *Epipactis helleborine* forma *alba*, *Epipactis helleborine* forma *albifolia*, *Epipactis helleborine* forma *brevibracteata*, *Epipactis helleborine* var. *castanearum*, *Epipactis helleborine* var. *chlorantha*, *Epipactis helleborine* var. *densiflora*, *Epipactis helleborine* forma *dentata*, *Epipactis helleborine* forma *dilatata*, *Epipactis helleborine* var. *diversifolia*, *Epipactis helleborine* subsp. *helleborine*, *Epipactis helleborine* var. *herbacea*, *Epipactis helleborine* var. *interrupta*, *Epipactis helleborine* var. *intrusa*, *Epipactis helleborine* var. *lancifolia*, *Epipactis helleborine* subsp. *latifolia*, *Epipactis helleborine* var. *laxiflora*, *Epipactis helleborine* forma *luteola*, *Epipactis helleborine* forma *macrophylla*, *Epipactis helleborine* subsp. *minor*, *Epipactis helleborine* forma *monotropoides*, *Epipactis helleborine* forma *montana*, *Epipactis helleborine* subsp. *moratoria*, *Epipactis helleborine* forma *obtusata*, *Epipactis helleborine* subsp. *ohwii*, *Epipactis helleborine* var. *pallens*, *Epipactis helleborine* forma *parviflora*, *Epipactis helleborine* var. *phoenicia*, *Epipactis helleborine* forma *przemysliensis*, *Epipactis helleborine* forma *remota*, *Epipactis helleborine* var. *thomsonii*, *Epipactis helleborine* subsp. *transcaucasica*, *Epipactis helleborine* forma *variegata*, *Epipactis helleborine* var. *viridens*, *Epipactis helleborine* subsp. *viridis*, *Epipactis helleborine* var. *youngiana*, *Epipactis helleborine* subsp. *zimsackiana*, *Epipactis herbacea*, *Epipactis intrusa*, *Epipactis kezlinekii*, *Epipactis latifolia*, *Epipactis latifolia* var. *acutifolia*, *Epipactis latifolia* forma *alba*, *Epipactis latifolia* forma *albiflora*, *Epipactis latifolia* var. *condensata*, *Epipactis latifolia* var. *decipiens*, *Epipactis latifolia* var. *dentata*, *Epipactis latifolia* var. *dilatata*, *Epipactis latifolia* var. *interrupta*, *Epipactis latifolia* var. *intrusa*, *Epipactis latifolia* var. *major*, *Epipactis latifolia* subsp. *ovalis*, *Epipactis latifolia* var. *platyphylla*, *Epipactis latifolia* forma *pseudovarians*, *Epipactis latifolia* var. *pygmaea*, *Epipactis latifolia* var. *robusta*, *Epipactis latifolia* var. *thomsonii*, *Epipactis latifolia* forma *variegata*, *Epipactis latifolia* var. *vulgaris*, *Epipactis ligulata*, *Epipactis macrostachya*, *Epipactis magnibracteata*, *Epipactis media*, *Epipactis monticola*, *Epipactis nephrocordia*, *Epipactis ohwii*, *Epipactis ovalis*, *Epipactis pycnostachys*, *Epipactis squamellosa*, *Epipactis tenii*, *Epipactis uliginosa*, *Epipactis viridans* var. *brevibracteata*, *Epipactis viridans* var. *dentata*, *Epipactis viridans* forma *humilis*, *Epipactis viridans* forma *interrupta*, *Epipactis viridans* var. *lancifolia*, *Epipactis viridans* var. *lithuanica*, *Epipactis viridans* forma *minor*, *Epipactis viridans* var. *montana*, *Epipactis viridans* var. *obtusata*, *Epipactis viridans* forma *parviflora*, *Epipactis viridans* var. *przemysliensis*, *Epipactis viridans* forma *remota*, *Epipactis viridans* var. *subrotundifolia*, *Epipactis voethii*, *Epipactis youngiana*, *Epipactis yunnanensis*, *Epipactis zimsackiana*, *Helleborine atroviridis*, *Helleborine helleborine*, *Helleborine latifolia*, *Helleborine latifolia* forma *acutifolia*, *Helleborine latifolia* forma *albiflora*, *Helleborine latifolia* var. *angustifolia*, *Helleborine latifolia* var. *atroviridis*, *Helleborine latifolia*

forma brevibracteata, Helleborine latifolia forma dentata, Helleborine latifolia var. dilatata, Helleborine latifolia forma interrupta, Helleborine latifolia forma lancifolia, Helleborine latifolia forma montana, Helleborine latifolia forma obtusa, Helleborine latifolia forma parviflora, Helleborine latifolia subsp. platyphylla, Helleborine latifolia forma przemysliensis, Helleborine latifolia forma pseudovarians, Helleborine latifolia forma pycnostachys, Helleborine latifolia forma pygmaea, Helleborine macrostachya, Helleborine nephrocardia, Helleborine ovalis, Helleborine pycnostachys, Helleborine squamellosa, Helleborine tenii, Helleborine varians, Helleborine yunnanensis, Serapias consimilis, Serapias helleborine, Serapias helleborine var. latifolia, Serapias latifolia]

BROAD LEAVED HELLEBORINE is an orchid. Native to Europe (including Britain), it has spurless, greenish-white to purplish-red flowers each with a greenish-rose lip.

It is also known as *Breedbladige wespenorchis* (Dutch), *Breitblättrige Stendelwurz* (German), *Breitblättrige Sumpfwurz* (German), Broad helleborine, Broadleaf helleborine, *Caldrist Lydanddail* (Welsh), *Elleborine crestata* (Italian), *Epipactis à larges feuilles* (French), Hellebore orchid, Helleborine, *Kruštík širolistý* (Czech), *Skogsknipprot* (Swedish), and *Skov-Hullæbe* (Danish).

Warning – some authorities suggest that this orchid is potentially poisonous.

Medicinally, the roots have been used in folk medicine to treat arthritic pain.