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Eriodictyon glutinosum

MOUNTAIN BALSAM is an evergreen shrub. Native to California (United States) and to northern Mexico, it has bluish flowers.

It is also known as Bearsweed, Gum bush, Mountain balm, and Yerba santa.

Glutinosum is derived from Latin *glutinis* (glue) meaning 'sticky or glutinous'.

Medicinally, it has been used locally to treat respiratory ailments, asthma, hay fever and piles.