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Eryngium campestre

FIELD ERYNGO is a perennial. Possibly native to central and southern Europe it has thistle-like white or purplish flower heads.

It is also known as *Boglynnon* (Welsh), *Brachdistel* (German), *Cardo corredor* (Portuguese, Spanish), *Chardon roulant* (French), Dane's flower, Eryngo, *Fältmartorn* (Swedish), *Feld-Mannstreu* (German), *Kotúč poľný* (Slovak), *Krausdistel* (German), *Máčka ladní* (Czech), *Mannstreu* (German), *Martorn* (Swedish), *Panicaut* (French), and Snakeroot.

The flowers are pollinated by bees.

In Britain field eryngo is protected under the Wildlife and Countryside Act of 1981 (it may not be picked, uprooted or destroyed).

Campestre means 'of fields, meadows or open plains'.

Field eryngo has been used as an alternative to sea-holly (*Eryngium maritimum*) as an aphrodisiac.