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*Filipendula vulgaris*

[Synonyms : *Filipendula filipendula*, *Filipendula hexapetala*, *Spiraea filipendula*, *Ulmaria filipendula*]

**DROPWORT** is a perennial. Native to Asia and Europe it has frothy small, purplish beneath, creamy-white flowers.

It is also known as *Brudbröd* (Swedish), *Crogedyf* (Welsh), Garden spirea, Goatsbeard, *Kleines Mädesüss* (German), *Knoldet mjødurt* (Danish), *Kranitza* (Greek), Lady of the meadows, Lady's belt, Lady's ruffles, Little queen, *Mädesüss* (German), Maid of the meadow, Queen of the meadow, *Sikoangervo* (Finnish), *Spirée* (French), *Spirée filipendule* (French), *Tužebník obecný* (Czech), *Tužebník šestiplátečný* (Czech), and *Túžobník obyčajný* (Slovak).

*Vulgaris* means 'common'.

Medicinally, herbalists used to recommend a decoction of the roots for kidney infections.