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*Gamochaeta purpurea*

[Synonyms : *Gnaphalium peregrinum*, *Gnaphalium purpureum*]

**AMERICAN CUDWEED** is an annual, biennial or perennial. Native to western North America it has small flower heads framed by yellowish-brown or purplish petal-like leaves (bracts).

It is also known as Catfoot, Chafeweed, Cough weed, Cudweed, Everlasting, Purple cudweed, Purple-flowered everlasting, Purple life-everlasting, Purplish cudweed, Rabbit tobacco, *Rödnoppa* (Swedish), and Spoonleaf purple everlasting.

*Purpurea* is Latin (purple-coloured).

For the North American Houma Indians the plant provided a remedy for colds and influenza.

In some parts of North America American cudweed is now considered to be invasive.

Medicinally, local herbalists have used American cudweed to treat coughs and colds.