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*Gentiana scabra*

[Synonyms : *Dasystephana scabra*, *Gentiana fortunei*, *Gentiana scabra* subsp. *australis*]

**JAPANESE GENTIAN** is a perennial. Native to northern Asia (especially Japan) it has often spotted, deep blue flowers.

It is also known as Ryntem root.

*Scabra* is Latin (rough, scabby) meaning ‘rough or gritty’.

Medicinally, the root has been used to treat liver disorders, urinary ailments and eye complaints. It features in Chinese medicine.