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Geum virginianum

[Synonyms : *Geum flavum*, *Geum hirsutum*]

ROUGH AVENS is a perennial. Found in temperate areas of the United States it has small creamy white flowers.

It is also known as Avens, Bennet, Chocolate root, Cream avens, Cure-all, Even root, Throatwort, Virginia avens, and White avens.

Virginianum means 'of or from Virginia (United States)' which itself was named after the English 'Virgin Queen' Elizabeth I (1533-1603).

Medicinally, it has been used to treat haemorrhaging, wind and some venereal diseases.