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### *Glaucium flavum*

[Synonyms : *Chelidonium glaucium*, *Glaucium luteum*]

**YELLOW HORNED-POPPY** is an annual to perennial. Native to Europe (including Britain) and the Mediterranean, it has shiny yellow-orange flowers.

It is also known as Bruiseroot, Bruisewort, *Gialópicro* (Greek), *Gelber Hornmohn* (German), Gold watches, Horned poppy, *Hornmohn* (German), Horn poppy, Indian poppy, *Jaunes pavots* (Channel Islander-Jersey Norman-French), *Pabi Corniog Melyn* (Welsh), *Pepprin isfar* (Maltese), Poppy, *Rohatec žltý* (Slovak), *Rohatec žlutý* (Czech), Sea poppy, Squat, Squatmore, and *Strandvallmo* (Swedish).

The flowers last no more than 2 days. They are pollinated by bees and flies.

Warning – all parts of yellow horned-poppy are potentially poisonous although no cases of poisoning have been recorded officially.

*Flavum* is Latin *flavus* (golden-yellow, gold-coloured, yellow) meaning ‘yellowish, pale or pure yellow’ with reference to the flowers.

In the past ‘squat’ meant a bruise thus the name Squatmore means ‘bruise root’.

The seed oil was once used for lighting lamps.

Although the plant has been used medicinally in the past, its root was believed by many to be able to cause delirium, if not madness. Nevertheless locally the sap used to be a familiar remedy for bruises. Today its uncertain poisonous qualities for human beings makes it a potentially dangerous plant to take internally.