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Impatiens glandulifera

[Synonyms : *Impatiens roylei*]

INDIAN BALSAM is an invasive succulent, aquatic annual. Native to the Himalayas it has small spurred, snapdragon-like, crimson-spotted, purple, rose or yellow (occasionally white) flowers that have a strong sweet scent.

It is also known as *Balsamine géante* (French), Bee bums, *Drüsiges Springkraut* (German), *Ffromlys Chwarennog* (Welsh), Himalayan balsam, Himalayan touch-me-not, Impatiens, *Indisches Springkraut* (German), *Jättebalsamin* (Swedish), Jumping Jack, *Netýkavka royleova* (Czech), *Netýkavka roylleho* (Slovak), *Netýkavka žláznatá* (Czech), Nuns, Ornamental jewelweed, Policeman's helmet, Poor man's orchid, Red jewelweed, *Reuzenbalsemien* (Dutch), Royle's balsam, Royle's snapweed, and Stinky pops.

Warning – strong doses can cause vomiting.

Glandulifera is derived from Latin *glanduli-* (gland) and *-fer* (bearing, carrying) components with reference to the leaves.

The seeds are eaten locally in the Himalayas.

Authorities believe it was introduced to Britain 1839.