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Jacobaea maritima

[Synonyms : *Cineraria acanthifolia*, *Cineraria bicolor*, *Cineraria calvescens*, *Cineraria canadensis*, *Cineraria ceratophylla*, *Cineraria maritima*, *Jacobaea maritima* subsp. *maritima*, *Othonna maritima*, *Senecio ancanthifolius*, *Senecio bicolor*, *Senecio bicolor* subsp. *cineraria*, *Senecio candicans*, *Senecio cineraria*, *Senecio cineraria* var. *bicolor*, *Senecio cineraria* subsp. *cineraria*, *Senecio coronopifolius* var. *oasicolus*, *Senecio gibbosus* subsp. *cineraria*, *Senecio ginesii*, *Senecio maritimus*]

SILVER RAGWORT is an evergreen subshrub. Native to the Mediterranean it has small yellow or cream flowers.

It is also known as *Cinénaire* (French), *Cineraria* (English, Italian), *Dusty miller*, *Jakobee*, *Joggobee*, *Kromb il-bahar* (Maltese), *Llys y Lludw* (Welsh), *Sea ragweed*, *Sea ragwort*, *Seneco* (Dutch), *Silverek* (Swedish), *Silver groundsel*, and *Silver leaved cineraria*; and in flower language is said to be a symbol of ‘always delighted’.

Warning – silver ragwort is a potentially poisonous plant, particularly for some animals.

Maritima is Latin (of the sea) meaning ‘coastal, or of the sea or seaside’.

The fresh sterilized juice of the plant is claimed to be able to remove some cataracts from the eye.