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Limosella aquatica

[Synonyms : *Limosella americana*, *Limosella aquatica* var. *americana*, *Limosella australis*]

MUDWORT is an annual (or occasionally perennial). Native to the northern temperate region it has tiny, often pink-marked, white flowers.

It is also known as *Ävjebrodd* (Swedish), *Blatěnka vodní* (Czech), *Dyört* (Swedish), *Lleidlys* (Welsh), Muckweed, Mudweed, Northern mudwort, *Schlammling* (German), and Water mudwort.

It is a protected plant in Northern Ireland under the Wildlife (Northern Ireland) Order 1985.

Aquatica means 'growing in or near water'.

Some of the North American Navajo Indian tribe gained peace of mind from rituals during which they rubbed their bodies with the leaves not only to obtain protection from witchcraft but also during the hunt.

The Navajo Indians also filled an arrow or bullet wound with the washed leaves to stem the bleeding.

Mudwort can be found growing in the western Himalayas.