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*Ludwigia palustris*

[Synonyms : *Isnardia palustris*, *Isnardia palustris* var. *americana*, *Ludwigia palustris* var. *americana*, *Ludwigia palustris* var. *nana*, *Ludwigia palustris* var. *pacifica*]

**HAMPSHIRE PURSLANE** is an aquatic succulent perennial. Native to Asia, Europe and North America it has long floating or creeping reddish stems and floating, red-veined, shiny green leaves that are red beneath.

It is also known as Bastard loosestrife, False loosestrife, Isnardia, Marsh primrose-willow, Marsh purslane, Marsh seedbox, Phthisic weed, Water purslane, Waterweed, and *Zakucelka bahenní* (Czech).

Hampshire purslane is considered to be threatened in the wild in Britain.

*Palustris* is derived from Latin *palus* (bog, marsh) meaning ‘of or from bogs, swamps or marshes’.

Musk rats feast on the stems.

Medicinally, records indicate that Hampshire purslane was used locally in the past in North America for treating tuberculosis, coughs and asthma.