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Ludwigia palustris

[Synonyms : *Cubospermum palustre*, *Dantia palustris*, *Isnardia palustris*, *Isnardia palustris* var. *americana*, *Ludwigia palustris* var. *americana*, *Ludwigia palustris* var. *nana*, *Ludwigia palustris* var. *pacifica*, *Ludwigia palustris* var. *palustris*, *Quadricosta palustris*, *Tiphogeton palustre*]

HAMPSHIRE PURSLANE is an aquatic succulent perennial. Native to Asia, Europe and North America it has long floating or creeping reddish stems and floating, red-veined, shiny green leaves that are red beneath.

It is also known as Bastard loosestrife, False loosestrife, Isnardia, Marsh primrose-willow, Marsh purslane, Marsh seedbox, Phthisic weed, Water purslane, Waterweed, and *Zakucelka bahenni* (Czech).

Hampshire purslane is considered to be threatened in the wild in Britain.

Palustris is derived from Latin *palus* (bog, marsh) meaning ‘of or from bogs, swamps or marshes’.

Musk rats feast on the stems.

Medicinally, records indicate that Hampshire purslane was used locally in the past in North America for treating tuberculosis, coughs and asthma.