

You are viewing one of thousands of biographies – click below for more, including Search box and access to Plant associated organisations.

[Plant Biographies](#)

[Bibliography](#)

---

*Maianthemum racemosum*

[Synonyms : *Convallaria racemosa*, *Smilacina amplexicaulis*, *Smilacina racemosa*, *Unifolium racemosum*, *Vagnera racemosa*]

**FALSE SPIKENARD** is a perennial. Native to eastern North America it has tiny fragrant, creamy-white flowers.

It is also known as American spikenard, Clustered Solomon's seal, False Solomon's seal, Feather Solomon's seal, Golden seal, Jacob's ladder, Job's tears, Large false Solomon's seal, Small Solomon seal, Snake corn, Solomon's feather, Solomon's plumes, Solomon's zig-zag, Spiked Solomon's seal, Tobacco berry, Treacle berry, *Vipprams* (Swedish), Wild lily-of-the-valley, Wild spikenard, Wood lily, and Zigzag Solomon's seal.

Warning – the fruit can have purgative qualities if consumed in quantity.

*Racemosum* means 'with stalked flowers up the stem'.

Occasionally small quantities of the translucent, red berries have been eaten locally.

Familiar to some North American Indian tribes records indicate that the Menominee used the steam from boiling root to treat catarrh.