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Meconopsis horridula

[Synonyms : *Meconopsis horridula* var. *typica*, *Meconopsis rudis*]

TIBETAN POPPY is a perennial. Native to the Himalayas and western China it has blue to violet (or white) flowers.

The plant contains yellow sap.

Horridula is derived from Latin *horridus* (rough, shaggy, bristly) meaning ‘somewhat spiny, bristly or prickly’.

Tibetan poppy is the national flower of Bhutan, a landlocked kingdom in the eastern Himalayas between China and India.