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Mentha x villosa var. *alopecuroides*

[Synonyms : *Mentha nemorosa* var. *alopecuroides*]

BOWLES' MINT is a variety. It has tiny, lilac-pink flowers.

It is also known as Fox-tail mint, Round-leaved mint, and Woolly mint.

Villosa is derived from Latin *villosus* (shaggy, hairy) meaning 'softly hairy or shaggy haired'.

Alopecuroides is made up of the genus name *Alopecurus* and Greek *-oides* (like) components meaning 'like the cylindrical spikes of plants in that (foxtail grass) genus'.

An Englishman Edward Augustus Bowles (1865-1954) after whom this variety (and other plants) is named is said to have recommended it particularly for making mint sauce although it wilts rapidly when picked. (Edward Bowles published many books on gardening which received praise from his peers.)

Medicinally, it has no use.