

Mimulus guttatus

[Synonyms : *Mimulus arvensis*, *Mimulus bakeri*, *Mimulus brachystylis*, *Mimulus clementinus*, *Mimulus cordatus*, *Mimulus cuspidata*, *Mimulus decorus*, *Mimulus equinnus*, *Mimulus glabratus* var. *ascendens*, *Mimulus glabratus* subsp. *utahensis*, *Mimulus glareosus*, *Mimulus grandiflorus*, *Mimulus grandis*, *Mimulus guttatus* subsp. *arenicola*, *Mimulus guttatus* var. *arvensis*, *Mimulus guttatus* var. *decorus*, *Mimulus guttatus* var. *depauperatus*, *Mimulus guttatus* var. *gracilis*, *Mimulus guttatus* var. *grandis*, *Mimulus guttatus* subsp. *haidensis*, *Mimulus guttatus* var. *hallii*, *Mimulus guttatus* var. *insignis*, *Mimulus guttatus* var. *laxus*, *Mimulus guttatus* subsp. *litoralis*, *Mimulus guttatus* var. *lyratus*, *Mimulus guttatus* subsp. *micranthus*, *Mimulus guttatus* var. *microphyllus*, *Mimulus guttatus* var. *nasutus*, *Mimulus guttatus* var. *puberulus*, *Mimulus guttatus* subsp. *scouleri*, *Mimulus hallii*, *Mimulus hirsutus*, *Mimulus langsdorfii*, *Mimulus langsdorfii* var. *argutus*, *Mimulus langsdorfii* var. *arvensis*, *Mimulus langsdorfii* var. *californicus*, *Mimulus langsdorfii* var. *grandis*, *Mimulus langsdorfii* var. *guttatus*, *Mimulus langsdorfii* var. *insignis*, *Mimulus langsdorfii* var. *microphyllus*, *Mimulus langsdorfii* var. *minimus*, *Mimulus langsdorfii* var. *nasutus*, *Mimulus langsdorfii* var. *platyphyllus*, *Mimulus laxus*, *Mimulus longulus*, *Mimulus luteus*, *Mimulus luteus* var. *depauperatus*, *Mimulus luteus* var. *gracilis*, *Mimulus lyratus*, *Mimulus maguirei*, *Mimulus marmoratus*, *Mimulus micranthus*, *Mimulus microphyllus*, *Mimulus nasutus*, *Mimulus nasutus* var. *micranthus*, *Mimulus paniculatus*, *Mimulus pardalis*, *Mimulus parishii*, *Mimulus petiolaris*, *Mimulus prionophyllus*, *Mimulus procerus*, *Mimulus puberulus*, *Mimulus puncticalyx*, *Mimulus rivularis*, *Mimulus scouleri*, *Mimulus smithii*, *Mimulus subreniformis*, *Mimulus tenellus*, *Mimulus thermalis*, *Mimulus unimaculatus*, *Mimulus whipplei*]

SEEP MONKEYFLOWER is an annual, biennial or evergreen perennial. Native to western North America (from Alaska to Mexico) it has bright yellow flowers with a pair of reddish-brown ridges in the throat.

It is also known as *Blodyn y Mwnci* (Welsh), *Čarodejka škvřnitá* (Slovak), Common large monkey flower, Common monkey flower, *Gauklerblume* (German), *Gyckelblomma* (Swedish), *Gyckelblomster* (Swedish), *Kejklírka skvrnitá* (Czech), *Maskerbloem* (Dutch), Monkey flower, Seepspring monkeyflower, Wild lettuce, and Yellow monkeyflower.

Guttatus is derived from Latin *guttati*- (spotted, dappled) meaning ‘speckled, dotted or spotted’.

While the Miwok North American Indians ate the leaves boiled the Mendocino Indian tribe preferred them as an alternative for garden lettuce (*Lactuca sativa*). (Early North American settlers also ate the leaves as a salad plant.)

Shoshoni Indians applied a leaf poultice to rope burns and to wounds generally, while the Kawaiisu used a stem and leaf decoction in a steam bath to ease back soreness. A tea was taken as a remedy for some stomach upsets in the Yavapai tribe.

Locally the juicy leaves (it is said somewhat like a bitter watercress, *Nasturtium officinale*) have been picked and eaten as salad.

Apparently musk rats also eat the plant, especially in Summer.