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Mimulus ringens

RINGEN MONKEYFLOWER is a perennial. Native to North America it has white-throated (occasionally pinkish), violet-blue flowers.

It is also known as Allegheny monkey flower, Common monkey flower, Hybrid monkeyflower, Monkey flower, Square-stemmed monkey flower, and Typical monkeyflower.

The flowers are pollinated by bees.

Ringens means 'gaping' with reference to the open 2-lipped flower.

North American Iroquois Indians used the roots as an ingredient in a decoction taken by women suffering from epilepsy.