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Modiola caroliniana

[Synonyms : *Abutiloides carolinianum*, *Anoda strictiflora*, *Malva caroliniana*, *Malva malvifolia*, *Malva prostrata*, *Malva urticaefolia*, *Modanthos caroliniana*, *Modanthos prostrata*, *Modanthos reptans*, *Modanthos urticifolia*, *Modiola multifida*, *Modiola prostrata*, *Malva reptans*, *Modiola urticifolia*]

CAROLINA MALLOW is a creeping annual, biennial or perennial. Native to North America it has small, reddish orange to purple-red flowers.

It is also known as Bristly-fruited mallow, Carolina bristlemallow, Ground ivy, Modiola, and *Sprötmalva* (Swedish).

Warning – all parts are poisonous for some animals, particularly sheep and cattle – and possibly goats.

Caroliniana means ‘of or from North or South Carolina (United States)’.

Among the North American Houma Indians the plant offered a treatment for sore throats, tonsillitis or diphtheria.

Medicinally, the Negro slaves used Carolina mallow (as an alternative to cotton, *Gossypium*) to treat period problems.