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### *Najas marina*

[Synonyms : *Ittnera major*, *Ittnera najas*, *Naias gracilis*, *Najas gracilis*, *Najas latifolia*, *Najas latior*, *Najas major*, *Najas major* var. *angustifolia*, *Najas marina* var. *recurvata*]

**HOLLY-LEAVED NAIAD** is a submerged aquatic annual or perennial. Cosmopolitan, it has tiny white flowers

It is also known as Greater naiad, *Grosses Nixenkraut* (German), *Havsärv* (Swedish), *Havsnajas* (Swedish), Hollyleaf waternymph, Holly-leaved water nymph, Large naias, Marine water nymph, *Natesärv* (Swedish), Naiad, Pond weed, *Řečanka přímořská* (Czech), *Riečňanka morská* (Slovak), Sea naiad, Spiny leaf naiad, Spiny naiad, and *Stor najade* (Danish).

Pollination occurs under water.

It is protected in Britain under the Wildlife and Countryside Act 1981.

*Marina* is Latin (of the sea) meaning 'near the sea or coastal'.

The young leaves can be eaten raw.