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Omphalodes cappadocica

[Synonyms : *Cynoglossum cappadocica*, *Cynoglossum cappadocicum*, *Omphalodes lojkae*]
NAVELWORT is a creeping evergreen perennial. Native to Asia Minor, it has small forget-me-not-like, white-eyed, deep blue flowers.

It is also known as Dogwood navelseed.

Cappadocica means ‘of or from eastern Asia Minor, the ancient Province of Cappadocia (Turkey)’.

The perennial was introduced to England in 1814 from Asia Minor.

Horticulturists recommend navelwort as ground cover.