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Persicaria virginiana

[Synonyms : *Antenoron virginianum*, *Polygonum filiforme*, *Polygonum virginianum*, *Polygonum virginianum* var. *glaberrimum*, *Tovara virginiana*, *Tovara virginiana* var. *glaberrima*]

JUMPSEED is a perennial. Native from the Himalayas to Japan, and to the north-eastern United States, it has tiny, pink-tinged or greenish-white flowers.

It is also known as *Tähkätatar* (Finnish), Vingate persicaria, Virginia knotweed, and Woodland knotweed.

Virginiana means 'of or from Virginia (United States)' which itself was named after the English 'Virgin Queen' Elizabeth I (1533-1603).

North American Cherokee Indians prescribed a hot infusion, one ingredient of which was these leaves, for treating whooping cough.