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Phlomis fruticosa

JERUSALEM SAGE is a shrub. Native to the Mediterranean it has small bright yellow flowers.

It is also known as French sage, Jupiter's distaff, *Salvjun* (Maltese), *Sápa křovitá* (Czech), Shrubby Jerusalem sage, Woody phlomis, and Yellow clary.

The flowers are very attractive to bees.

Fruticosa is Latin (bushy, become bushy).

Some authorities claim that Jerusalem sage was introduced to Britain in 1596. On the other hand it is noted that the English herbalist, John Gerard (1545-1612), was sufficiently familiar with the plant by that time to include it in *The Herball, or general histoire of plantes* that was published in 1597.

Medicinally, the leaves (it is claimed by some authorities although Greek nationals are unfamiliar with such a practice) have been used in the past to make a tea to ease sore throats.