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*Physostegia virginiana*

[Synonyms : *Dracocephalum virginicum*, *Physostegia denticulata*, *Physostegia imbricata*,  
*Physostegia latidens*, *Physostegia nivea*, *Physostegia speciosa*]

**OBEDIENT PLANT** is a perennial. Native to eastern North America it has small mauvish-pink flowers.

It is also known as Accommodation flower, American heather, *Drakmynta* (Swedish), Dragonhead, False dragonhead, Lady-of-the-lake, Lion's heart, Mexican heath, Obedient flower, Physostegia, Pink shellflower, St. Margaret's flower, and Toad's mouth.

If flowers are moved sideways on the spike they will remain in the new position.

*Virginiana* means 'of or from Virginia (United States)' which itself was named after the English 'Virgin Queen' Elizabeth I (1533-1603).

The obedient plant was introduced to Britain in 1683.