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Phyteuma orbiculare

[Synonyms : *Phyteuma cordifolium*, *Phyteuma fistulosum*, *Phyteuma tenerum*]

ROUND-HEADED RAMPION is a perennial. Native to the European Alps and to Britain it has dark blue to violet (rarely white) flowers.

It is also known as *Klotrapunkel* (Swedish), *Pride of Sussex*, *Raiponce orbiculaire* (French), *Rampion*, *Serva hlavičkatá* (Slovak), and *Zvonečník hlavatý* (Czech).

Orbiculare is derived from Latin *orbiculatus* (round) meaning ‘disc-shaped, or round and flat’ with reference to the flower heads.

Locally the roots and young leaves have sometimes been eaten as salad or cooked as a vegetable.