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Plecostachys serpyllifolia

[Synonyms : *Gnaphalium serpyllifolium*, *Helichrysum microphyllum*, *Helichrysum serpyllifolium*]

TRAILING LICORICE is a subshrub. Native from the south-western Cape to Natal (South Africa), it has small daisy-like, yellow flower heads.

It is also known as Hottentot tea, and *Vaaltee* (Afrikaans).

Serpyllifolia is derived from *serpyllum* of *Thymus serpyllum* and *-folia* (leaved) meaning ‘with leaves like those of that (Breckland thyme) species’.