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Polygonum erectum

[Synonyms : *Polygonum aviculare* var. *erectum*]

RUSSIAN KNOTGRASS is a perennial. Native to North America it has greenish-yellow flowers.

It is also known as *Amerikansk trampört* (Swedish), Erect knotgrass, and Erect knotweed.

Warning – its acrid juice can irritate the skin.

Erectum means ‘upright or erect’.

It was identified in North America in 1790 and has been used medicinally there in the treatment of diarrhoea and inflammatory disorders.