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Populus ciliata

BANGIKAT POPLAR is a deciduous tree. Native from temperate Kashmir to Bhutan it has hairy male and fluffy female catkins.

It is also known as *Bangikat* (Nepalese), *Falsch* (Kashmiri), *Falsh* (Punjabi), Himalayan poplar, *Palach* (Kashmiri), and *Tilaunja* (Hindi).

The flowers are pollinated by the wind.

This tree is believed to be vulnerable in the wild.

Ciliata is derived from Latin *cilum* (eyelash, eyelid) meaning ‘edged with hairs or fringed with fine hairs’.

The moderately durable, pale yellow wood has been used for veneering and for making cattle troughs, packing cases and matches.

Medicinally, Hindi herbalists have prescribed a bark decoction as a stimulating tonic and blood purifier.